



# 2019

Sun	Mon	Tues	Wed	Thurs	Fri	Sat
		1	2	3	4	5
6	7	8	9	10	11	12
<b>STRIPE WEEK-- Exam Pretest</b>						
13	14	15	16	17	18	19 1:00 Belt Exam
20	21 VMAC CLOSED FOR MLK DAY	22	23	24	25	26
27 2-4PM Self-Defense Class	28	29	30	31		

PLEASE DO NOT FORGET TO UPDATE ANY CHANGES TO YOUR INFORMATION (CREDIT CARD, ADDRESS, PHONE, ETC.)

Thanks for helping to make us one of the **Top 2 Martial Arts Schools in DFW** on the Dallas A-List.

← CHECK-IN & LIKE US ON →

**VISION MARTIAL ARTS CENTER**

3019 W. 15<sup>th</sup> Street, Plano, TX 75075

972.758.8622 [www.VMACPlano.com](http://www.VMACPlano.com)



## NEWS YOU CAN USE

### JANUARY

- ) **BELT EXAM 01/19 @ 1:00PM**
- ) **GEAR AND GI CHECK DURING STRIPE WEEK--Make sure your equipment isn't too small or worn out.**
- ) **SELF-DEFENSE CLASSES COMING MONTHLY! Starting in February a regular self-defense class will be held on the third Sunday of each month from 2-4pm! This month the class is on the 27<sup>th</sup> from 2-4pm and VMAC parents get \$10 off the current rate of \$35 which will be increasing to \$40 in February. Let us know if you plan to attend. (Payment is required in advance to get registered.)**
- ) **CLOSED for MLK Day Jan. 21**