



VISION MARTIAL ARTS

Class Schedule - effective August 13, 2018

vmacplano.com

Call Us Today! -972-758-8622

	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
8:00	Building Positive Life Skills Through Martial Arts™						
9:30	ALL CLASSES ARE TEX KWON DO UNLESS OTHERWISE NOTED AND ARE OVERSEEN or TAUGHT BY OWNER, DIANE REEVE						
10:00	Little Dragons 3-4 yrs						Lil Dragons 9:30-10:00
10:30	Tiny Tigers(TT) 5-7 Years						TT 10:00-10:30
11:30	Warriors 8-12 years		10:30-11:15am SILVER SLUGGERS		10:30-11:15am SILVER SLUGGERS		10:30-10:45 BBT Warriors 10:45-11:30 - B 11:30-11:45 BBE
12:00	B= Basic Any 2 classes any week						Kenpo 11:30-12:30pm
12:30	BBT=Black Belt Training &						ADV Kenpo 12:30-1:00pm
1:00	BBE or E= Elite - Unlimited Classes						Reserved for Women's Self Defense (as scheduled) 1:00-3:00pm
3:00							Reserved for Birthday parties and Black Belt tests
3:30		Lil Dragons 3:00-3:30		Lil Dragons 3:00-3:30			
4:45		TT 3:30-4:00 TT 4:00-4:15-BBT 4:15-4:45 Weapons		TT 3:30-4:00 TT- 4:00-4:15 BBT			
6:00		Warriors- 4:45-5:30-B 5:30-5:45-BBT 5:45-6:00E	TT-B 5:00-5:30 TT-BBT 5:30-5:45	Warriors- 4:45-5:30-B 5:30-5:45-BBT 5:45-6:00E	TT-B 5:00-5:30 TT-BBT 5:30-5:45	Lil Dragons 5:30-6:00	
7:00		Families-B 6:00-6:45 Families & Adults 6:45- 7:00-BBT	Warriors-B 5:45-6:30 6:30-6:45-BBT 6:45-7:00-E	Families-B 6:00-6:45 Families & Adults 6:45- 7:00-BBT	Warriors-B 5:45-6:30 6:30-7:00-Weapons	Families-B 6:00-6:45 6:45- 7:00-BBT	
8:00		Adults-B 7:00-7:45 -B 7:45-8:00 BBE	6:45-7:45 Black Belts Only Teens 7:00-7:45-B 7:45-8:00 -BBT	Adults-B 7:00-7:45 -B 7:45-8:00 BBE	Advanced 7:00-7:45-B 7:45-8:00 -Sparring	We follow PISD Scheduled closings for Holidays and weather. (Except for Spring Break and the Summer)	
9:00		Kenpo 8:00-9:00		Kenpo 8:00-9:00			